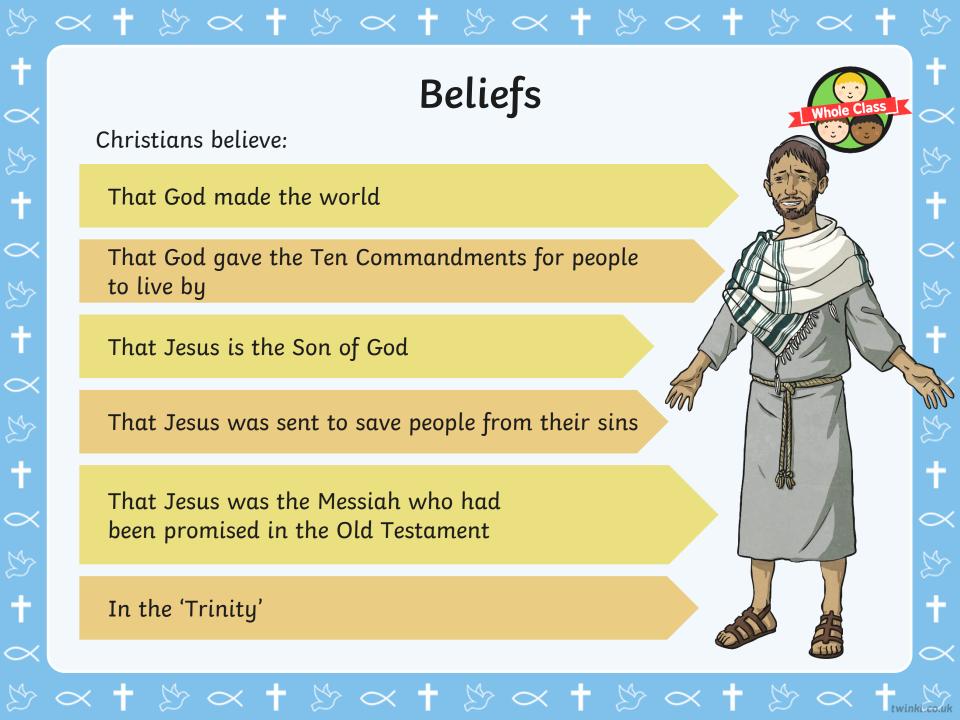
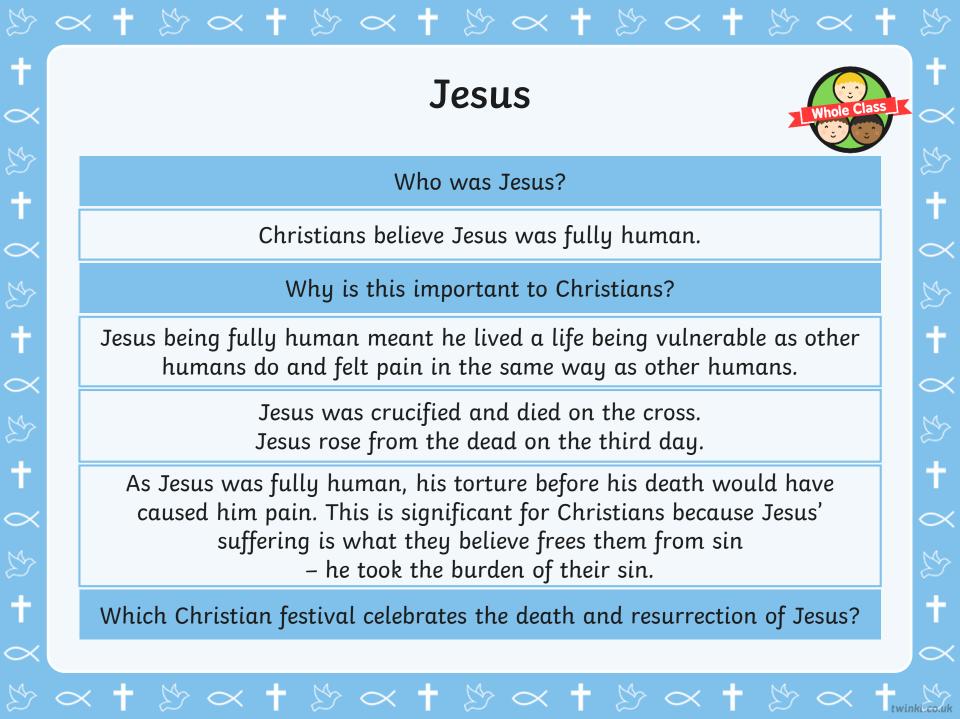
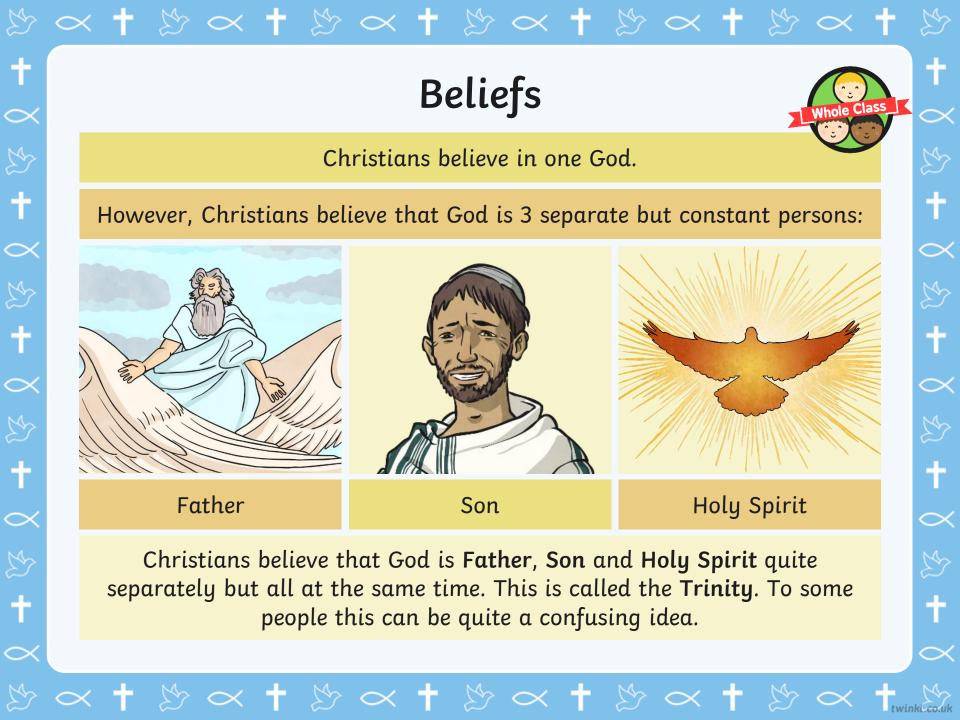
Main Beliefs











Beliefs

Christians believe that God is **Father**, **Son** and **Holy Spirit** quite separately but all at the same time. This is called the **Trinity**. To some people this can be quite a confusing idea.

It can be simplified in the following way.

Katie in Year 6 is a daughter. She is also a sister. She is also a cousin. When Katie is a daughter she does not stop being a sister or a cousin. She is all three of these 'persons' at the same time but is still just one person – Katie.

Can you think of a similar example?

How does your example help to explain the idea of the Trinity?