



## Unit Title: **Why is Lent such an important time for Christians?**

Lesson 1: To understand the time of Lent and just before it.

*What do you know about the time of Lent?*

Don't worry if you can't remember anything as we will be discussing it each week through our Easter Unit.

For Christians, Easter is the most important time of year.

Read the information on Shrove Tuesday, which is the day before Lent starts. You may know Shrove Tuesday better as Pancake Day!

Read the interesting facts and information and then answer the questions.

Good luck!